

Illumination through Elimination Agreement

It is a pleasure to welcome you to this Programme! Please read the following. If anything is unclear, please ask before checking off the "I have read and accept the Illumination through Elimination Agreement" check box on the registration form.

This Agreement is made today between Bizzy Bee Team (the Counselor) and the Client (name as provided in the online registration form). The Group Program in which you are about to enrol will include all of the following:

- 1. Three virtual group class sessions (lasting between 1 and 1.5 hours, respectively):
 - preparation webinar with more background and tips to get ready, 2 weeks prior to kick-off.
 - kick-off webinar to start the 21 day elimination.
 - webinar on structured re-introduction (14 days after start of elimination)
- 2. One Q&A follow up session (max 1 hour)
- 3. Access to a private, online discussion forum to share ideas with other participants and get support from Diana.
- 4. Access to purchase (at the Client's separate cost) 1:1 sessions for individualized support (this might make sense depending on your situation, e.g. a diagnosis of an autoimmune disease, wanting to take it a step further than what we cover in the group or scale it down).

SCHEDULING

The actual webinar dates are posted on the Illumination through Elimination website here: https://dianasiepmann.com/programs/elimination-diet/ (though certainly participants can choose different dates and simply use the materials shared in the Facebook support group).

I understand that my clients have busy schedules, and I take pride in not keeping them waiting. Each Group session will begin on schedule, so please be on time. Unfortunately, group sessions cannot be rescheduled if a Client is not able to attend a specific session, but webinar recordings will be available for review during the course period (this includes a full month beyond the 21 elimination), recordings will be posted in the Facebook support group.

All participants will be sent by email a webinar link for live webinar viewing and a number to use for conference call listening via phone, if preferred. I recommend logging on to the website at least 10 minutes early to ensure successful access.



DISCLAIMER OF HEALTH CARE RELATED SERVICES

The Counselor encourages the Client to continue to visit and to be treated by his/her healthcare professionals, including, without limitation, a physician. The Client understands that the Counselor is not acting in the capacity of a doctor, licensed dietician/nutritionist, therapist, psychologist or other license or registered professional. Accordingly, the client understands that the Counselor is not providing health care, medical or nutrition therapy services and will not diagnose, treat or cure in any manner whatsoever any disease, condition or other physical or mental ailment of the human body.

The Client has chosen to work with the Counselor and understands that the information received should not be seen as medical or nursing advice and is certainly not meant to take the place of your seeing licensed health professionals. Consult your doctor if you are uncomfortable implementing any element of the Illumination through Elimination programme, given your personal health history or believe any portion of it may interact negatively with any existing or potential illness.

PERSONAL RESPONSIBILITY AND RELEASE OF HEALTH CARE RELATED CLAIMS

The Client acknowledges that the Client takes full responsibility for the Client's life and well-being, as well as the lives and well-being of the Client's family and all decisions made during and after this program including the choice to participate to any degree.

The Client expressly assumes the risks of the Programme, whether or not such risks were created or exacerbated by the Counselor. The Client releases the Counselor, his/her heirs, executors, administrators and assigns, its officers, directors, shareholders, employees, teachers, lecturers, agents, health Counselors and staff (collectively, the Releasees) from any and all liability, damages, causes of action, allegations, suits, sums of money, claims and demands whatsoever, in law, admiralty or equity, which against the Releasees, the Client ever had, now has or will have in the future against the Releasees, arising from the Client's past or future participation in, or otherwise with respect to, the Program, unless arising from the gross negligence of the Releasees.

CHOICE OF LAW, ARBITRATION AND LIMITED REMEDIES

This Agreement will be governed by and construed in accordance with Belgian law.

Only the Belgian Commercial Courts of Leuven have jurisdiction to hear any disputes that may arise out of or in connection with this Agreement.



In the event that any provision of this Agreement is deemed unenforceable, the remaining portions of the Agreement shall be severed and remain in full force. In the event a dispute arises between the parties, either arising from this Agreement or otherwise pertaining to the relationship between the parties, the parties will submit to binding arbitration. Any judgment on the award rendered by the arbitrator(s) may be entered in any Belgian court having jurisdiction thereof. Such arbitration shall be conducted by a single arbitrator. The sole remedy that can be awarded to the Client in the event that an award is granted in arbitration is refund of the Program Fee. Without limiting the generality of the foregoing, no award of consequential or other damages, unless specifically set forth herein, may be granted to the Client.